

# Rehabilitation Medicine

Rehabilitation: H-Building, 6 South: (212) 562-3651

Brain Injury Unit: H-Building, 6 West: (212) 562-3656

**HHC**

NEW YORK CITY  
HEALTH AND  
HOSPITALS  
CORPORATION



**Bellevue**

SOUTH MANHATTAN HEALTHCARE NETWORK



## Rehabilitation Medicine at Bellevue Hospital



Bellevue offers a variety of therapeutic services tailored to the needs of each patient. Patient care is supervised by doctors specializing in Rehab Medicine. Each patient will attend three or more hours of therapy a day, six days each week. Here are some of the services that Bellevue provides:

- **Physical Therapy** - Physical therapists help patients to improve their mobility. Exercises and treatments focus on improving strength, flexibility, balance, coordination, and mobility.
- **Occupational Therapy** - Occupational therapists help patients learn to take care of themselves after an injury or illness. Functional activities and treatments focus on activities of daily living - grooming, eating, dressing, bathing, toileting, cooking, shopping, leisure, and community skills.
- **Speech Therapy** - Speech-Language Pathologists evaluate and treat disorders of speech, language, cognition, and swallowing. Treatments focus on improving function and strategies to compensate for difficulties.

- **Psychology Services** - The psychology service provides emotional support to help individuals get the most out of their rehab medicine treatment, cope with changes, and plan for the future. Psychologists also conduct cognitive evaluations and provide treatment recommendations.
- **Vocational Rehabilitation** - Vocational Rehabilitation specialists assess patients and prepare them to return to work and activities. Referrals to hospital and/or community programs that provide cognitive training, pre-vocational and vocational evaluation, volunteer work, education, skills training, or day treatments are available.
- **Social Work, Case Management** - The Social Worker and Case Manager work closely with the patient, family and treatment team to develop an appropriate discharge plan, including referral to outpatient therapy, home care, long-term rehabilitation, assisted living and skilled nursing facilities.
- **Nursing** - We provide 24/7 nursing care coverage. Our nurses focus on educating and preparing our patients and their caregivers for safe discharges.



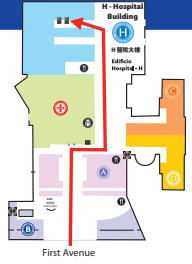
*Family members are invited to participate in rehabilitation programs with their loved ones!*

# Unit Location



## We are located on the 6th Floor of Bellevue's H building.

From Bellevue's main entrance at First Avenue and 27th Street, follow the blue 'H' down the long corridor to the Hospital building. After passing the Au Bon Pain restaurant, turn left towards the Pharmacy. Take the elevator on YOUR RIGHT to the 6th floor. Inpatient Rehabilitation is located on 6 South. The Brain Injury unit is located on 6 West.

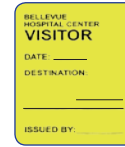


# Visitor information

## Visiting Hours are 4:00 pm - 8:00 pm Monday - Friday, and 11:00 am - 8:00 pm on Weekends/Holidays

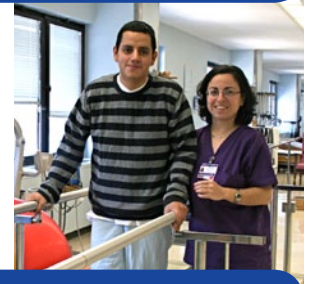
Visits outside of visiting hours are subject to the unit's approval on the day of the visit.

- Visitors must wear visitor passes
- Visitors must sign in at the nursing station.
- Please check with nursing staff before bringing food on to the unit.



# Patient Information

- Patients are expected to be on time to their therapies.
- Patients are encouraged to bring sneakers, comfortable clothes, and toiletries.
- Music and Art Therapy Services are available on a referral basis.
- Families are encouraged to visit our units and participate in therapy with loved ones at Bellevue.



# Important Phone Numbers

- |                                  |                       |                                      |                       |
|----------------------------------|-----------------------|--------------------------------------|-----------------------|
| • <b>Business Office/Billing</b> | <b>(212) 562-6264</b> | • <b>Property Office 9 am - 7 pm</b> | <b>(212) 562-4707</b> |
| • <b>Main Line/Operator</b>      | <b>(212) 562-1000</b> | • <b>Rehabilitation Office</b>       | <b>(212) 562-3603</b> |
| • <b>Medical Correspondence</b>  | <b>(212) 562-3101</b> | • <b>6 South - Rehabilitation</b>    | <b>(212) 562-3651</b> |
| • <b>Patient Advocacy</b>        | <b>(212) 562-6071</b> | • <b>6 West - Brain Injury</b>       | <b>(212) 562-3656</b> |

## You have the right to an interpreter free of charge. Bellevue Hospital Center serves all patients regardless of their immigration status or ability to pay. Your immigration status will be kept confidential.

### Spanish - Hablo Español:

Usted tiene el derecho a recibir los servicios de intérprete gratis. El Centro Médico Bellevue atiende a todos los pacientes sin importar su capacidad de pago o su estatus migratorio. Su estatus migratorio se mantendrá en estricta reserva.

### French - Je parle Français:

Vous avez droit à un interprète gratuit. Le Centre Hospitalier Bellevue dessert tous les patients, quelque soit votre situation financière ou votre statut d'immigration. Votre statut d'immigration restera confidentiel.

### Polish - Mówię po polsku:

Masz prawo do bezpłatnych usług tłumacza. Centrum Szpitala Bellevue przyjmuje wszystkich pacjentów bez względu na ich możliwości płacenia lub status emigracyjny. Status emigracyjny pozostanie poufny.

### Mandarin - 我说 (我說) 普通话 (國語)

### Cantonese - 我说 (我說) 广东话 (廣東話)

### Fukienese - 我说 (我說) 福州话 (福州話)

您有权免费用口译员。表為醫院中心提供服務給所有病人無論他們的支付能力或移民狀況。您的移民狀況都會保密。

### Bengali - আমি কথা বলি বাংলায়

বিনা খরচে একজন দোভাষীর (ইন্টারপ্রেটারের) সাহায্য নেয়ার অধিকার আপনার রয়েছে। বেলভিউ হসপিটাল সেন্টার রোগীদের খরচ পরিশোধের সামর্থ্য বা অভিবাসী মর্যাদা (ইমগ্রেশন স্টেটাস) বিবেচনা করা ছাড়াই সকল রোগীদের জন্যে সেবা প্রদান করে থাকে। আপনার অভিবাসী মর্যাদার (ইমগ্রেশন স্টেটাস-এর) গোপনীয়তাও রক্ষা করা হবে।

### American Sign Language

### Other \_\_\_\_\_